



# Lisa Tomsak, D.O.

## Addiction Medicine

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## Intro

**Dr. Lisa Tomsak** is a highly esteemed addiction medicine specialist with over 26 years of dedicated experience in the field. Renowned for her compassionate approach and evidence-based practices, Dr. Tomsak has significantly impacted the lives of countless individuals struggling with substance use disorders. Her extensive experience equips her with a deep understanding of the complexities of addiction. Dr. Tomsak is not only a practitioner but also an educator. Her commitment to personalized care and her ability to integrate innovative treatment modalities make her a trusted and respected figure in the realm of addiction medicine.

## Education

### **07/1986 - 05/1990**

Doctor of Osteopathic  
Medicine  
University of Health  
Sciences - College of  
Osteopathic Medicine  
Kansas City, MO

### **08/1982 - 05/1986**

Bachelor of Science in  
Biology  
Summa Cum Laude  
Wilkes-College  
Wilkes- Barre, PA

### **08/1979 - 06/1982**

High School Graduate  
with Honors  
Dallas High School  
Dallas, PA

# Training

## **07/1991 - 09/1994**

Resident - Internal Medicine  
Geisinger Medical Center  
Danville, PA

## **07/1990 - 06/1991**

Osteopathic Rotating Internship  
Community Hospital of Lancaster  
Lancaster, PA

# Experience

## **10/2024 - present**

Medical Director  
Aliya Health Group - *(South Coast Behavioral Health)*  
Oklahoma City, OK

- Oversee medical detox/residential/PHP/IOP programs

## **08/2024 - present**

Chief Medical Officer  
Aliya Health Group - *(All Portfolios)*

## **05/2024 - present**

Medical Director  
Aliya Health Group - *(Vogue Recovery Center)*  
Phoenix, AZ

- Oversee medical detox/residential, PHP/IOP/OP programs

## Experience (cont.)

### **05/2023 - 01/2025**

Medical Director

Aliya Health Group - *(Malibu Recovery Center)*

Studio City, CA

- Oversee PHP/IOP/OP programs

### **02/2023 - present**

Medical Director

Aliya Health Group - *(Footprints to Recovery)*

Hamilton, NJ

- Oversee PHP/IOP/OP and Primary MH programs

### **01/2023 - present**

Medical Director

Aliya Health Group - *(Footprints to Recovery)*

Elgin, IL

- Oversee medical detox, residential, PHP/IOP/OP programs

### **12/2022 - present**

Medical Director

Aliya Health Group - *(Footprints to Recovery)*

Centennial, CO

- Oversee medical detox, residential, PHP/IOP/OP programs

### **11/2022 - present**

Medical Director

Aliya Health Group - *(Vogue Recovery Center)*

Las Vegas, NV

- Oversee medical detox, residential, PHP/IOP/OP programs

## Experience (cont.)

### **04/2022 - 01/2025**

Medical Director

Aliya Health Group - (*Vogue Recovery Center*)

Tarzana, CA

- Oversee medical detox and residential SUD treatment for a 11 bed freestanding treatment facility

### **10/2016 - present**

Medical Director

Aliya Health Group - (*Royal Life Centers*)

Palm Springs FL

- Oversee medical detox services in free standing center in Pahokee FL (10/2016 - 12/2017)
- Oversee medical care in the Residential PHP program in West Palm Beach FL (10/2016 - 02/2017)
- Oversee medical care in the PHP/IOP program in Delray Beach FL (10/2016 - 04/2018)
- Supervise PA-Cs and ARNPs and oversee overall medical care in detox, residential and PHP/IOP programs in Tacoma WA, Spokane WA and Prescott AZ (10/2016 - present)
- Oversee medical care in PHP/IOP program at The Heavenly Center, Studio City CA (08/2020 - 09/2022)
- Oversee medical detox and residential levels of care and supervise PA-Cs and ARNPs at The Best Detox, West Palm Beach, FL (02/01/2021 - 02/01/2022)
- Oversee medical care in PHP/IOP program and supervise PA-Cs and ARNPs at The Beaches, Lantana FL (02/01/2021 - 07/01/2022)

## Experience (cont.)

### **03/2010 - 09/2016**

Medical Director

Choices Outpatient Drug and Alcohol Treatment Program

Kingston, PA

- Provide Buprenorphine Maintenance therapy for 100 clients
- Responsible for all administrative duties required as the Medical Director

### **04/2004 - 09/2016**

Medical Director

Choices Recovery Program Methadone Treatment Center

Wilkes-Barre, PA

- Provide Methadone Maintenance Therapy for 300 clients
- Provide Methadone Maintenance Therapy for pregnant clients, including pregnant incarcerated clients
- Responsible for all administrative duties required as the Medical Director

### **07/2001 - 03/2010**

Partner and Associate - Internal Medicine

Linden Medical Group

Plains, PA

### **10/2000 - 09/2016**

Medical Director

Choices Drug and Alcohol Treatment Program

Kingston, PA

- Responsible for overseeing the medical detoxification of patients from alcohol, opiates, and benzodiazepines
- Responsible for overseeing the medical needs of patient rehabilitation patients
- Responsible for all administrative duties required as the Medical Director

## Experience (cont.)

### **01/1999 - 09/2016**

Medical Director

Pringle Street and Lattimer ICF/MR Group Homes

Step By Step

Wilkes- Barre, PA

### **09/1999 - 07/2001**

Senior Associate and Medical Director

Internal Medicine

Eagle Medical Group

Wyoming, PA

### **03/1997 - 09/1999**

Associate Physician

Occupational Medicine

Geisinger Care Works

Wilkes-Barre, PA

### **09/1995 - 03/1997**

Associate Physician

Internal Medicine

Geisinger Medical Group

Valley Medical Building

Wilkes-Barre, PA

### **09/1994 - 07/1995**

Associate Physician

Internal Medicine

Geisinger Medical Group

Kistler Clinic, Wilkes Barre PA

# Teaching

**07/2011 - 9/2016**

Adjunct Clinical  
Faculty  
Addiction Medicine  
The Commonwealth  
Medical College  
Scranton, PA

**10/2000 - 9/2016**

Residency Preceptor  
Addiction Medicine  
The Wright Center  
Family Medicine  
Residency Program  
Kingston, PA

**05/2010 - 05/2012**

Adjunct Clinical  
Faculty  
Psychiatry / Addiction  
Medicine  
Penn State College of  
Medicine  
Hershey, PA

# Licenses

**Commonwealth of  
Pennsylvania**

07/21/1992 - present

**State of Indiana**

4/19/2017 - present

**State of Nevada**

6/14/2022 - present

**State of Florida**

08/24/2016 - present

**State of Arizona**

6/23/2017 - present

**State of New Jersey**

8/1/2022 - present

**State of Washington**

12/13/2016 - present

**State of California**

01/09/2021 - present

**State of Illinois**

10/4/2022 - present

**State of Colorado**

5/11/2022 - present

**State of Oklahoma**

2/16/2024 - present

# Certifications

## **Diplomate**

American Board of Internal  
Medicine  
12/31/2017

## **Board Certified Addiction Medicine**

American Board of Preventative  
Medicine  
01/01/2018

## **American Osteopathic Association**

Manipulative Medicine Oral Boards  
06/1991

## **Pennsylvania State License**

Written Boards  
06/1991

## **National Board of Osteopathic Medical Examiners**

Part I  
06/1998

## **National Board of Osteopathic Medical Examiners**

Part II  
03/1990

## **National Board of Osteopathic Medical Examiners**

Part III  
02/1991

# Organizations

## **American College of Physicians**

Elected Member 1997

## **American Society of Addiction Medicine**

Member since 2000

# Honors

## Medical School

- Psi Sigma Alpha
- National Osteopathic Honor Society
- Scholastic Achievement Award
- Graduated 3rd in class of 130

## College

- Dean's List 8 semesters
- Sigma Xi - Research Society
- Charles B. Reif Scholarship Recipient
- Senior Biology Award